

GOAL SETTING & PLANNING PROGRAM

YEAR 20_____

At Hall To Success Research Group we have been studying the success and achievement of high level people for over 20 years. This plan was specifically created to help you have above average success with your goals by stating your motivation, outlining necessary actions, accountability and visualizing the rewards for your hard work. Use this template as a guide to overcoming your challenges and celebrating your successes. This Goal Setting Plan will have the best results when used with the Goal Tracker and Habit Tracker.

REFLECT: Learning From The Past Is The Best Way To Move Forward

What The Past Year Taught Me:

My Greatest Accomplishments In The Past Year:

My #1 Obstacle That Held Me Back Last Year, AND My #1 Remedy To Make Sure It's Not An Obstacle This Year
OBSTACLE - REMEDY -

My Accountability Partner(s):	<i>This person will regularly ask about my progress on these goals.</i>
How & When To Contact Them:	

ACHIEVING MY GOALS...

Will It Be Easy: NO	Will I Have Haters: YES	Will I Always Have Support: NO	Do I Deserve To Win: Yes
Is It Worth It: YES	Will They Stop Me: NO	Will That Stop Me: NO	Do I Have What It Takes: YES

PLAN YOUR SUCCESS | PERSONAL GROWTH GOAL

Plan to achieve your goals by stating your motivation, outlining necessary actions, and visualizing the rewards for your hard work. Use this template as a guide to overcoming your challenges and celebrating your successes.

PERSONAL GROWTH GOAL: _____

Why I Must Achieve This:	
How I'll Celebrate Achieving This:	

Expected Obstacle:	
How To Overcome It:	

Who Is Depending On Me To Succeed:	
How Will Quitting Impact Them:	

Target Date:	4 Key Action Steps To Achieve Goal:	Complete- Reward Myself With:
/ /	1st:	
/ /	2nd:	
/ /	3rd:	
/ /	Final:	

PLAN YOUR SUCCESS | FINANCIAL GOAL

Plan to achieve your goals by stating your motivation, outlining necessary actions, and visualizing the rewards for your hard work. Use this template as a guide to overcoming your challenges and celebrating your successes.

FINANCIAL GOAL: _____

Why I Must Achieve This:	
How I'll Celebrate Achieving This:	

Expected Obstacle:	
How To Overcome It:	

Who Is Depending On Me To Succeed:	
How Will Quitting Impact Them:	

Target Date:	4 Key Action Steps To Achieve Goal:	Complete- Reward Myself With:
/ /	1st:	
/ /	2nd:	
/ /	3rd:	
/ /	Final:	

PLAN YOUR SUCCESS

| WELLNESS / HEALTH GOAL

Plan to achieve your goals by stating your motivation, outlining necessary actions, and visualizing the rewards for your hard work. Use this template as a guide to overcoming your challenges and celebrating your successes.

WELLNESS / HEALTH GOAL: _____

Why I Must Achieve This:	
How I'll Celebrate Achieving This:	

Expected Obstacle:	
How To Overcome It:	

Who Is Depending On Me To Succeed:	
How Will Quitting Impact Them:	

Target Date:	4 Key Action Steps To Achieve Goal:	Complete- Reward Myself With:
/ /	1st:	
/ /	2nd:	
/ /	3rd:	
/ /	Final:	